

## **What will my commitment as a BHBF volunteer be?**

- To complete the Home-Start Preparation Course
- To attend the 'Big Hopes Big Future' training which is usually run over two days. The sessions include:
  - What is School Readiness?
  - Parental Engagement in Early Learning
  - Using a Solution Focused Approach
  - Positive Reinforcement
  - Managing Children's Behaviour
  - Establishing Routines
  - Promoting Early Literacy
  - Working with a family
  - Monitoring and Evaluation
- To visit a family weekly in their own home, for up to 2 hours.
- To attend regular supervision sessions with the scheme coordinator

For more information, please contact:

Home Start Meon Valley  
Wickham Community Centre  
Mill Lane, Wickham  
PO17 5AL  
01329 835 936

[organiser@homestart-meonvalley.org.uk](mailto:organiser@homestart-meonvalley.org.uk)

Registered Charity number 1118012



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Home-Start  
Meon Valley

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**Big HOPES Big Future**  
SUPPORTING Parents and THEIR  
CHILDREN to be 'ready for SCHOOL'



## 'Big Hopes Big Future'

A guide to becoming a 'Big  
Hopes Big Future' volunteer

## What is BHBF?

Big Hopes Big Future (BHBF) is a programme that recognises the importance of a positive early home learning environment on children's readiness for school and learning.

BHBF helps prepare parents and children to make the transition from home to school or nursery and to be 'ready for school' so that they can start school able to learn and make the most of their education.

## What do we mean by being 'ready for school'?

<p><b>Parental and home readiness:</b></p> <ul style="list-style-type: none"><li>• Able to engage with their child's development</li><li>• Able to establish routines</li><li>• Availability of stimulating materials in the home</li><li>• Good bedtime and morning routines</li><li>• Able to access appropriate early years services</li></ul>	<p><b>Child Readiness:</b></p> <ul style="list-style-type: none"><li>• Arrive at school fed and on time</li><li>• Play and share with other children</li><li>• Use the toilet</li><li>• Understand simple hygiene</li><li>• Dress and put on shoes</li><li>• Eat and drink unaided</li><li>• Cope away from their parent(s)</li><li>• Recognise own name.</li></ul>
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**The volunteer training and resources are mapped to the Early Year's Foundation Stage Framework.**

## **As a specialised BHBF volunteer, what would I actually do?**

- Take activities and books into the family's home and support parents to engage with their child's early learning
- Support parents to provide a positive early home learning environment.
- Help parents to establish routines (for example morning and bedtime routines)
- Support parents to give positive reinforcement and praise to their child
- Develop the confidence of parents, supporting them to access other services including nurseries and/or schools.

You will be equipped with age appropriate books and toys, and a volunteer activity pack, full of practical ways to support parents to become more engaged with their children's early learning.

